Dear families

**REVIEW FEEDBACK SESSION an Invitation 6:00pm 22nd June**

Anita Forsyth from Monash University will be presenting the school review on Wednesday evening at 6:00pm prior to the college council meeting. This will be held in the professional learning centre in Civic Parade – old brown building. Families who contributed to the parent forum, or interested families, are welcome to attend.

**‘DANCEMOB’ 7:00pm 23rd June**

Our inaugural Years 8 & 9 “DanceMob” are looking forward to entertaining you on Thursday evening at 7:00pm. This showcase is being held at the Peter Kearney Theatre at Carranballac College Point Cook (Cnr Foxwood Drive and Dunnings Rd Point Cook). Come and see the group in action as they entertain us with a range of moves from Hip Hop, to Latin... We would love to see all our middle years’ students in attendance to support their peers.

Parents come and see our new electives program shine!

There is NO COST to attend the showcase! Pick up your tickets at the Office!

**WOORABINDA CAMP**

An exciting opportunity is available for our Year 4 and 5 students at Woorabinda camp. Every two years our school is offered a limited number of places at the Department of Education and Training’s Somers School Camp. Somers has recently added a second campus Woorabinda to help increase the opportunities for DET students across the state. Woorabinda will run on the alternate years to the Somers program. Woorabinda will run a complementary program for 5 days for Year 4/5’s

This year our allotted time is from 1st August until the 5th August. It is a five day commitment and as such I would ask that you **only** fill in the expression of interest form, if children can attend without concerns of sports or family commitments. Further details are included in the newsletter. We will be holding our own school camp for Years 3 to 6 in Term 4. **This is an optional extra camping experience for 5 days.**

**END OF TERM**

Term 2 concludes next Friday 24th June at 2:15pm. Please note the earlier time. A whole college assembly will be held in the Middle Years Learning Centre from 1:30pm. Please come and join us and watch our leaders shine!

**STAFFING**

This week we welcomed Mrs Kristina Stefanovska to the college. Kristina has taken over the Kitchen Garden and Food Technology program and is looking forward to seeing the program shine! Mr Erik Pryce and Mr Boris Contreras have also joined the integration support team and we welcome their involvement in our growing college.

**PREP ENROLMENTS**

Prep enrolments are now open and filling up fast. If you know of anyone with a prep for 2017 please encourage them to come in for a tour and sign up for 2017. Steps to Prep will begin during next term.

**MID YEAR REPORTS / PARENT TEACHER INTERVIEWS**

Individual student reports for all students will be released on the XUNO parent portal next Tuesday. Parents will require their individual log in to access the reports. Midyear parent teacher interviews are being held on Wednesday 20th July. Details will be sent electronically in the first week of term 3.

Wishing all our students and families a wonderful midyear break, I do hope the sunshine lasts.

Julie Krause
School news

Donations of old newspapers are needed for the kitchen garden. If you have any old newspapers that are not needed, please drop them into the school office.

Thank you to Peter Seitanidis & Shawqi Ein from Sweeney Peter Jordan for supporting our school in advertising 2017 Prep enrolments.

Italian word of the week

<table>
<thead>
<tr>
<th>WEEK 10</th>
<th>Il tempo da freddo.</th>
<th>It’s cold.</th>
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</thead>
<tbody>
<tr>
<td>WEEK 11</td>
<td>L’Eid-al-Fitr è il 7 luglio.</td>
<td>Eid-al-Fitr is on 7th July.</td>
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Helping self-critical children

“T can’t do this work. I’m stupid.”

We all feel down at times and will think, if not say, negative things about ourselves. We need to allow kids a little latitude and not expect them to be positive thinkers all the time. Sometimes it is good to let off some steam even if it is negative. The important thing is not to dwell on it and move on in a positive direction. “Okay, you got that out of your system now let’s get to work” is the type of response that is useful sometimes.

If your child constantly puts him or herself down then you may need to take a different approach. Don’t be fooled by children’s feelings of inadequacy. Like all behaviours they have a purpose and continuous self-criticism makes others lower their expectations. Generally, parents and teachers will lower their sights as a response. Expectations for achievement should be realistic and pitched just ahead of where children are developmentally or ability-wise. Too high and they maybe discouraged. Too low and they have little to aim for. It takes wisdom to get your expectations just right.

Either ignore or challenge their self-criticism. Sometimes it is best to let the “I’m stupid” statements pass, while there are times it is useful to remind children to think of situations when they showed they were capable. Not only does this challenge their view of themselves but it also provides a useful reference point if they are going to tackle a difficult task. They can draw on the same resources this time around that were successful for them in the past.

One way to help self-doubters is to break a complex task into smaller steps. If it is a complex school project, then help children break the work into manageable bits. Some children need a great deal of help with project management. It is always easier to do a series of smaller tasks than a big one. The advantage of tackling a series of small tasks is that there is success built in all the way rather than waiting until the end to gain a feeling of accomplishment.

Self-doubting or self-critical children benefit from a great deal of encouragement. Every person, child or adult, needs someone in his or her life who says, “I think you can do this.” The hard part is that self-doubting or self-critical kids tend to discount those around them. That is why they can be hard to encourage.

Quick Parenting Quiz

1. According to Daniel Goleman, leading emotional intelligence figure, a child’s IQ accounts for approximately 50 per cent of life success.

True or false.

Answer: True. Goleman suggests that emotional intelligence is more significant than IQ in life success.

2. Which of the following best describes effective 21st Century discipline:

(a) It is based on severity
(b) It is based on consistency
(c) It is to teach children to be safe, social and responsible for their behaviour
(d) Children need limits and boundaries to help them feel secure

Wise & Witty Words

“The fundamental defect of fathers is that they want their children to be a credit to them.”

Bertrand Russell

“If parents ran the world bad countries would have to play by themselves.”

Unknown (adapted)
3—6 Lacrosse Incursion

On Thursday 9th of May, the grade 3’s – 6’s had a lacrosse incursion. The 3/4's had it in session 2, 5/6A in session 3 and 5/6B in session 4. In session 5 all the grade 5/6’s had lacrosse at the same time. There were two games going on at the same time. At the end of the year, the 5/6’s will be playing lacrosse against other schools as a part of interschool sports. Some of the skills we learnt were picking up the ball with the stick, throwing, catching and cradling. We all had a great time, had fun and enjoyed it.
Congratulations to Madeleine Lazarevski who competed in the divisional cross country carnival on the 26th May. The weather on the day was less than ideal however, she managed to finish 18th out of a field of 40 runners. Madeleine qualified to compete in this carnival after finishing in the top ten competitors of her age group at the Altona District cross country carnival.

Congratulations to Antonia Muliett, Diala Katrib and David Zipevski who qualified to compete at the Western Metro cross country carnival on the 9th June. These 3 students were eligible to compete at this level, after finishing in the top 10 of their respective age groups during the Hobsons Bay Division cross country carnival.

This Friday our Year 5-6 mixed netball and girls soccer team will play in the district interschool sport finals. Both teams finished 1st in their pool of 5 schools after a very successful 6 matches over the course of this term. The mixed netball team will play here at the college. Our soccer team will be playing at Grant Reserve, near the hockey club. The competition commences at 10am and will conclude at 2pm. Specifics for game times are listed below.

**MIXED NETBALL**

Game #1: 10.40am- 11.10am against St. Mary’s Altona  
Game #2: 11.20am-11.50am against St. Mary’s Willy  
Game #3: 12.40pm-1.10pm against Willy PS

**GIRLS SOCCER**

Game #1: 10.40am-11.10am against Altona PS  
Game #2: 12.00pm-12.30pm against Willy PS  
Game #3: 12.40pm-1.10pm against Willy North
There is no cost to attend the Dancemob performance.
Pick up your free tickets at the office.

Altona P-9 College was successful in receiving a **Mobil Bright futures grant of $4000.**
The grant will be used to improve our robotics program and purchase robotics equipment. We are very grateful to Mobil Altona for their continued support of science, technology, engineering and maths at Altona P-9 College.
Bullying is a major societal issue in Australia, with twenty-seven per cent of young people reporting they are bullied every two weeks or more often. Altona P9 College currently run the Better Buddies program with our Prep and Grade 6’s. The Better Buddies program is an initiative developed by NAB and the Alannah and Madeline Foundation.

On Wednesday 15th June, we celebrated National Buddies Day as a Prep – 6 event. During session 1, the Prep – 6’s were buddied up with someone who they did not know very well. They completed a getting to know you interview sheet and discussed their favourite things. Students then worked together to create a photo frame while each buddy had their photo taken to be added the following day. ‘Napoleon’ the movie was played during recess and lunch where buddies could go and chill out together while doing something they enjoyed. Thursday 16th June, we followed up and finished off our National Buddies Day with sharing our snack with our buddy and getting to know them further. It was a huge success and all students said they met someone new, made a new friend or really enjoyed their morning.

Prep to 6 Team
Volunteers Needed

FOOD TECHNOLOGY KITCHEN SPRING CLEAN WORKING BEE
WEDNESDAY 22 JUNE at 2.00pm-3.00pm

Dear parents, grandparents, extended family and friends of the school community.
Come along for an hour next week and help us to spruce up the kitchen for next term!!!
Please email me at stefanovska.kristina.k@edumail.vic.gov.au or contact me on 9250 8050 to express your interest in giving us a hand.
Kristina Stefanovska

KITCHEN GARDEN PROGRAM VOLUNTEERS FOR TERM 3

Dear parents, grandparents, extended family and friends of the school community.
We are looking for volunteers to be a part of our vibrant kitchen garden program at our school on Tuesdays. No prior experience necessary, just your enthusiasm to work with our students cooking up a storm in our kitchen using the produce from our very own kitchen garden!
If you are available for any of the following times, then please contact me to express your interest.
You might be available once in the term, weekly on the same day or on a particular date. We would love your support no matter how big or small!

WHEN WE NEED YOU:

Tuesdays 9.30am-11.00am (Grade 3/4 students)
Tuesdays 11.55am – 1.25pm (Grade 5/6 students)
Tuesdays 2.05am-3.05am (Prep/1/2 students)

Please email me at stefanovska.kristina.k@edumail.vic.gov.au or contact me on 9250 8050 to express your interest in supporting our program.
Kristina Stefanovska
Parent forums @ Altona P9 College

Would you like to learn more about ways in which you can support your child’s learning? Want to know more about the types of opportunities that exist for parents to assist in our college? Interested in learning ways in which to strengthen the home/school connection?

We are looking for expressions of interest in a series of parent forums. The forums will address the afore mentioned questions and aim to increase parent knowledge and confidence in supporting their child’s learning.

If this is something you would be interested in, please email Mrs Amanda Elmer elmer.amanda.j@edumail.vic.gov.au with the subject line: Parent forums.

In the body of the email please provide the following details:

**Name:**
**Child/ren’s name:**
**Grade:**
**Preference for Tuesday or Wednesday morning**

Please send your expression of interest by Friday 24th June

Amanda Elmer
Teaching & Learning

School news

Thank you to the Adewale family, Sanctuary Lakes and Point Cook Bakers Delight stores for supporting our college breakfast club with donations of loaves of bread. We are very grateful for their generosity.
Every two years our school is offered a limited number of places at the Department of Education and Training’s Somers School Camp. Somers has recently added a second campus Woorabinda to help increase the opportunities for DEECD students across the state. Woorabinda will run on the alternate years to the Somers program. Woorabinda will run a complimentary program for 5 days for grades 4/5’s. It will run from 1st August 2016 until the 5th August and cost $185. Our Grade 3-6 camp will run as normal later this year. It is expected that ALL students attend the 3-6 camp. This camp at Woorabinda is voluntary. Further details of the camp will be on the expression of interest form coming home. If you believe your child will benefit attending both this camp and our school camp the expression of interest form will be sent home Friday 17th June and will need to be returned by the last day of term, Friday 24th June.

Red Nose Day

Friday 24th is the official, Australia wide, Red Nose Day. The student Fundraising Leadership Group have been busily planning this day from quite some weeks. We would like all students and teachers to dress with a splash of red and bring along a gold coin to donate to a very worthy cause, SIDS (Sudden Infant Death Syndrome).

Classes will run as normal and there will be activities run at recess and lunch. Due also to the generosity of ‘Just Sweets’ (26 Upton St, Altona), we have also been provided with a giant chocolate freckle to raffle off. Tickets are 50c or three for 1$. We hope that our college community will be supportive of this important cause.
The last few weeks we have been learning about poetry. We have been learning about different types of poems like limerick, cinquain and free verse. We learnt about the literary devices that are involved with poetry and had to use them to create 8 poems. Some literary devices are white space, rhyme and alliteration.

A limerick is a poem that has rhyme. Lines 1, 2 & 3 have to rhyme and lines 3 & 4 have to rhyme with each other. We had to find the stressed and unstressed syllables and make sure that line 1, 2 and 5 have 8 syllables and 3 and 4 have 5 syllables.

An example of a Limerick is:
There once was a man from Beijing
All his life he hoped to be king
So he put on a crown
Which quickly fell down
That small silly man from Beijing

An example of a cinquain is:
Pigeon
Smooth, Fluffy
Flying, Walking, Running
A very common bird
Small bird

5/6 WOOD WORK CLUB
Tuesday lunchtimes @ 1.35pm
Sign up sheet at the office.
WILDLIFE EXPOSURE INCURSION

On Tuesday the 31st of May, the year 5/6 students had a wildlife incursion. We had the Incursion to help us learn more about animal adaptations and how it helps them to survive. We saw animals like snakes, lizards, birds and many more. Everyone had a go at petting or holding an animal. We learnt that the lacy goanna was one of the largest lizards. We also learnt about some of the animal adaptations like how the stumpy tail lizard has a short wide tail that looks like a head. If a predator looks at it, it appears to have two heads and the predators are scared away. Near the end 5 students held a giant snake called the olive snake everyone had lots of fun and we finished off with questions.
‘CREATING INDEPENDENT LEARNERS – LEADERS OF THE FUTURE’

Respect • Learn • Care

Dynamic learning environments foster . . .

CREATIVITY
CURIOSITY
CONFIDENCE

for academic excellence

ALTONA P-9 COLLEGE
Tours phone 9250 8050
www.altonap9college.vic.edu.au
COME & TRY LACROSSE
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NEWPORT
LADIES LACROSSE CLUB

CURRENTLY RECRUITING GIRLS & WOMEN
OF ALL AGES AND EXPERIENCE

OUR TEAMS TRAIN ON MONDAY NIGHTS AT PAISLEY PARK FROM 5.30PM

FOR MORE INFORMATION, PLEASE CONTACT US VIA EMAIL AT
ENQUIRIES@NEWPORTLADIESLACROSSE.COM.AU
Altona West Kindergarten

Open Day

Saturday 18th June
11AM - 1PM

Quality Early Childhood Education with Smaller Group Sizes

Taking Enrolments for 4 Year Old Kinder Now

14 Lindwood Avenue, Altona
9398 2015
1-2-3 MAGIC® & EMOTION COACHING
PARENT COURSE

Learn to manage difficult behaviour in children 2-12 years old

A three-session program for parents and carers
at Department of Education and Early Childhood Development:
Hobsons Bay Network
Sadie McCarthy Learning Centre- PD Centre (Altona College)
227 Civic Parade, Altona
on Tuesday 16th, 23rd and 30th of August at 9:15am-11:45am

Learn:
✓ How to discipline without arguing, yelling or smacking
✓ How to sort behaviour
✓ How to handle challenging and testing behaviours
✓ Choosing your strategy, the three choices
✓ Using emotion coaching to encourage good behaviour
✓ 7 tactics for encouraging good behaviour

Parents will receive:

Registration Fee?
The course costs $20
There are only 10 places available (couple = 2 places). We encourage both parents to attend if possible.
Register for this course by contacting Melissa or Finella at Hobsons Bay Student Support Services on 9398-4676

What people are saying...
What a relief to come across a program that preserves
the dignity of the child, maintains the self control of
both the parent and the child and is actually easy to
remember when memory is the first thing to go!

I realized quickly that the 1-2-3 Magic can be a
magnificent preventative measure that any parent can
use to avoid raising a child, who later down the line,
needs excessive discipline or grows out of control

Who is running it?
The presenters for this course are psychologists Melissa
Damin and Finella Binnion who completed Parentshop’s
1-2-3 Magic® & Emotion Coaching practitioner training
in 2013. Melissa and Finella are both Psychologists with
backgrounds in Educational Psychology who work in
schools for the Department of Education.

Registration closes Friday 29th of July
For more information contact Melissa or Finella on 9398 4676

- An end to the arguing and yelling! • It saved our lives • Simple, sane, effective

This course is being run by a Parentshop® licensed practitioner. www.parentshop.com.au
Temporary changed traffic conditions for Grieve Parade, Altona

City West Water is undertaking essential water main renewal works in Grieve Parade, Altona in June and July.
The water main will be replaced on Grieve Parade from Charles Rd to Civic Parade on the west side of the street.

- From 6 June - 29 July 2016
- Between 7am – 3.30pm, Mon – Fri.

The works will involve digging up some of the nature strips and, if required, footpaths and driveways in order to gain access to the water mains.

Please be aware that if your nature strip or yard is affected it will be reinstated to its previous condition, similarly any work on footpaths and driveways will be fully repaired as works progress along the street.

Traffic management will be in place along Grieve Parade. Pedestrian access will not be affected.

We anticipate there will be minimal impact on the water supply to your home or business. City West Water’s contractor will work with you to advise if any water supply interruptions are expected.

We appreciate your patience as we work to improve the reliability of water supply to our customers.

For further details follow the works on Twitter #citywestwater, see citywestwater.com.au or contact 131 691.
Day/Date | Activity | Location | Cost (inclld.) | What to bring/try | Lunch provided | Attending? | Police Task
--- | --- | --- | --- | --- | --- | --- | ---
Tuesday 28 June | Galactic Circus | Crown Casino | $10 | Snacks, lunch, water bottle, closed toe shoes and socks | No | No | No
Friday 1 July | Polymer Clay Jewellery workshop 1pm to 6pm | Woods Street Arts Space | $5 | Meet at Woods St Arts Space (44 Woods Street, Laverton) at 5pm | Wear clothes you don’t mind getting dirty | Yes | No
Tuesday 5 July | Movies and shopping | Highlight | $5 | Snacks, lunch and water bottle | No | No | No
Thursday 7 July | Fifa Tournament 2-45 pm to 4.30pm | Altona Meadows Library and Learning centre | FREE | Meet at Altona Meadows Library and Learning centre (2 Newman Way) at 2:45 pm for registration | Yes | No

Participant release form:

I hereby and forever release, discharge, indemnify and hold harmless Hobsons Bay City Council and its servants and agents from any accident, harm, loss and damages which I/my child may suffer and or sustain in any way connected to the activities as part of any Youth Services program. I acknowledge that the enjoyment and wellbeing of these programs is derived in part from the inherent risks incurred by experiences and activity beyond the accepted safety of at home, work or school. I am aware that this program, in addition to usual dangers and risks inherent has certain additional dangers and risks some of which may include:

- physical exertion for which I/my child may be not prepared
- weather extremes subject to sudden and unannounced change
- remoteness to normal medical services
- evacuation difficulties may be if my child is disabled

I agree that if for my child suffers injury or illness Hobsons Bay City Council, at my cost, arrange medical treatment and emergency evacuation service, are Hobsons Bay City Council deemed essential for my child’s safety. In entering into this agreement, of my own free will, I am not releasing any oral, written or visual representation or statement by Hobsons Bay City Council or its staff of any such occurrence or caution to attend the Youth Services program.

As a parent or guardian, I confirm that I have read and understood the program outline and release form and I give consent for my child to participate in the program. I confirm that I am over 18 years of age and I have read and understood this agreement prior to signing it and agree that this agreement will be binding on my heir, roots of kin, executors, administrators and successors. I agree that this agreement shall be governed in all respects by and interpreted in accordance with the Law of Australia.

I as the parent/guardian/worker of __________________________ give permission for my young person to attend the Hobsons Bay Youth Services Holiday program, and I have read and explained the conditions outlined above to the young person. The young person understands these conditions.

Parent/guardian/worker SIGNATURE: __________________________ Date: __________________________

PRIVACY INFORMATION

The personal and health information requested on this form is being collected by the Council for Health and Safety purposes of participants, such as, in the administration of evaluation or in the case of an emergency of participants. The information will be used solely by the Council for that primary purpose or directly related purposes. It may be used by the Council for the purpose of gathering statistical data. It will be treated in compliance with the Information Privacy Act and related Health Act and associated Privacy Principles. The applicant understands that the personal and health information provided is for the health and safety purpose of the child and that they may be used by the Council for access and/or amendment of the information.

Who can attend:

- any young person in Years 7 to 12 or aged between 12 to 17 who live, study or work in the Hobsons Bay area

Booking dates:

- bookings open strictly on, and no earlier than, Monday 30 May at 9.00 am
- bookings officially close on Friday 6 June at 5pm

Booking procedure:

- step one: To book for any activity, you must first call and register your young person with Youth Services on 9332 4000
- step two: This form and payment must be taken to the Cashier, Hobsons Bay Civic Centre, 115 Civic Parade Altona 3018
- refunds will only be issued for cancellations made more than 24 hours before the commencement of enrolled activity. Refunds will be given by cheque only
- please call Youth Services if you wish to make a credit card payment via mail

Please note:

- if payments for all booked activities are not received by Friday 6 June you will be notified that the young person has been removed from the attendance list and the spot will be offered to those on the waiting list. If payments cannot be made by this date, alternative arrangements must be discussed before Friday 6 June
- food: BYO snacks and drinks to all excursions. Young people are to bring their own lunch to all excursions unless otherwise specified. Young people will not be permitted to consume energy drinks while on program
- appropriate clothing: Ensure young people are wearing correct clothing for activities

Bus departure times:

<table>
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<tr>
<th>WEEK</th>
<th>DAY</th>
<th>ACTIVITY</th>
<th>Location</th>
<th>Depart Time</th>
<th>Return Time</th>
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<tbody>
<tr>
<td><strong>WILLIAMSTOWN</strong></td>
<td><strong>TUESDAY 28 JUNE</strong></td>
<td>Galactic Circus</td>
<td>Depart 10am</td>
<td>Return 4.30pm</td>
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<td></td>
<td></td>
<td>Movies and Shopping</td>
<td>Depart 10am</td>
<td>Return 4.30pm</td>
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<tr>
<td></td>
<td><strong>TUESDAY 5 JULY</strong></td>
<td>Galactic Circus</td>
<td>Depart 10am</td>
<td>Return 4.30pm</td>
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<td></td>
<td>Movies and Shopping</td>
<td>Depart 10am</td>
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<tr>
<td></td>
<td><strong>WILLIAMSTOWN</strong></td>
<td>Depart 10am</td>
<td>Return 4.30pm</td>
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<td></td>
<td><strong>BROOKLYN</strong></td>
<td>Depart 10.30am</td>
<td>Return 4.15pm</td>
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<td></td>
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<td>Depart 10.15am</td>
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<td></td>
<td><strong>SWANBROOK</strong></td>
<td>Depart 10.30am</td>
<td>Return 4pm</td>
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<td></td>
<td>Depart 10.45am</td>
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<td></td>
<td><strong>LAVERTON</strong></td>
<td>Depart 10.45am</td>
<td>Return 3.45pm</td>
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<td>Depart 10.40am</td>
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Hobsons Bay Youth Services operates the School Holiday Program each school holidays for young people aged 12 to 17 who live, study or work in the Hobsons Bay municipality. Young people have the opportunity to participate in recreational activities in environments that are safe, supervised and fun. Please have a read of the booking procedure to obtain a secure position in this program.
All parents, carers and workers are invited to attend a free information session at Williamstown High School on Adolescent Mental Health.

This information session will consider common mental health issues facing young people today. Participants can gain a better understanding of how mental health issues present, what to look for in young people and strategies for discussing mental health with a young person.

Additionally, it will provide information about what to do next, where to refer and how to support a young person in accessing professional help.

Presented by headspace Werribee; their community awareness program is part of the National Youth Mental Health Foundation and aims to help the community to understand, identify and respond to mental health needs of young people.

First 5 people to register will receive a FREE copy of Michael Carr-Gregg's book 'Surviving Adolescents - the Must-have Manual for all Parents'.

ADD TO YOUR CALENDAR

Wednesday June 22 2016
6.30pm to 8.00pm

Williamstown High School
Pasco Campus
76 Pasco St, Williamstown

Light supper provided

RSVP

Please register by Friday June 17th
Hobsons Bay Youth Services
(03) 9932 4000 or email
adminys@hobsonsbay.vic.gov.au
### SANDWICHES: WHITE OR WHOLEMEAL BREAD - Made Fresh Daily!

**PLEASE NOTE:** All Sandwiches are spread with Cholesterol-Free Margarine. We can supply "Additional" fillings on any Sandwich: e.g. Lettuce, Cucumber, Carrot, Cheese and Tomato, at the cost of 40 cents extra per item.

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>Tick</th>
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<tbody>
<tr>
<td>Ham, Tomato &amp; Cheese</td>
<td>$4.00</td>
<td></td>
</tr>
<tr>
<td>Ham &amp; Cheese</td>
<td>$3.60</td>
<td></td>
</tr>
<tr>
<td>Ham &amp; Tomato</td>
<td>$3.60</td>
<td></td>
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<tr>
<td>Paper Bag</td>
<td>$0.20</td>
<td>Tick</td>
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<tr>
<td>Bread White</td>
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<td>Tick</td>
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<tr>
<td>Bread Wholemeal</td>
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<tr>
<td>Toasted</td>
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### HOT FOOD

**PLEASE NOTE:** Tomato Sauces will cost 20 cents extra.

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<tr>
<th>Item</th>
<th>Price</th>
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<tbody>
<tr>
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<tr>
<td>Sausage Roll</td>
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</tr>
<tr>
<td>Nachos (Corn Chips, Salsa, Sour Cream &amp; Cheese)</td>
<td>$5.00</td>
<td></td>
</tr>
<tr>
<td><strong>Chicken Wing</strong></td>
<td>$1.50</td>
<td></td>
</tr>
<tr>
<td>Baked Chicken Strips x3</td>
<td>$3.00</td>
<td></td>
</tr>
<tr>
<td>Wedges with Sour Cream</td>
<td>$4.00</td>
<td></td>
</tr>
<tr>
<td>Pastizzi</td>
<td>$2.00</td>
<td></td>
</tr>
<tr>
<td>Fish Fillet (Flathead Tails) x3</td>
<td>$4.50</td>
<td></td>
</tr>
<tr>
<td>Calamari x2 &amp; Chips</td>
<td>$5.50</td>
<td></td>
</tr>
<tr>
<td><strong>Fish Fillet x2 &amp; Chips $5.00</strong></td>
<td>$5.50</td>
<td></td>
</tr>
<tr>
<td>Hot Dog Skinless With Tomato Sauces</td>
<td>$3.20</td>
<td></td>
</tr>
<tr>
<td>Baked Chicken Breast Nuggets x3 pieces</td>
<td>$2.20</td>
<td></td>
</tr>
<tr>
<td>Steamed Dim Sim</td>
<td>$1.00</td>
<td></td>
</tr>
<tr>
<td>Noodles – Chicken</td>
<td>$2.50</td>
<td></td>
</tr>
<tr>
<td>Noodles – Beef</td>
<td>$2.50</td>
<td></td>
</tr>
<tr>
<td>Traditional Beef Lasagne (97% Fat Free) - 200g</td>
<td>$4.20</td>
<td></td>
</tr>
<tr>
<td>Chicken Wrap (Chicken Strips, Lettuce, Mayo)</td>
<td>$5.00</td>
<td></td>
</tr>
<tr>
<td>Fish Wrap (Fish fillet, Lettuce, Mayo)</td>
<td>$5.00</td>
<td></td>
</tr>
<tr>
<td><strong>Fish Pack Calamari x1 Fish Fillet x1 &amp; Chips</strong></td>
<td>$5.50</td>
<td></td>
</tr>
<tr>
<td>Lamb Kebabs Tomato, Lettuce &amp; Mayo</td>
<td>$9.50</td>
<td></td>
</tr>
<tr>
<td>Chicken Burger Lettuce Cheese &amp; Mayo</td>
<td>$5.00</td>
<td></td>
</tr>
</tbody>
</table>

### SNACKS & COLD DRINKS

**PLEASE NOTE:** If an item is "unavailable", then a substitute will be given.

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>Tick</th>
</tr>
</thead>
<tbody>
<tr>
<td>School Smart Milk Big M - Strawberry - 250ml</td>
<td>$2.00</td>
<td></td>
</tr>
<tr>
<td>School Smart Milk Big M - Chocolate - 250ml</td>
<td>$2.00</td>
<td></td>
</tr>
<tr>
<td>Home-style Smartie Cookie</td>
<td>$2.00</td>
<td></td>
</tr>
<tr>
<td>Gingerbread Man</td>
<td>$2.00</td>
<td></td>
</tr>
<tr>
<td>Popcorn</td>
<td>$1.00</td>
<td></td>
</tr>
<tr>
<td><strong>Nippy’s Milk Chocolate 350ml</strong></td>
<td>$3.50</td>
<td></td>
</tr>
<tr>
<td>Seasonal Fresh Fruit piece</td>
<td>$1.00</td>
<td></td>
</tr>
<tr>
<td>Prima Orange - 200ml</td>
<td>$2.00</td>
<td></td>
</tr>
<tr>
<td>Prima Apple – 200ml</td>
<td>$2.00</td>
<td></td>
</tr>
<tr>
<td>Prima Tropical - 200ml</td>
<td>$2.00</td>
<td></td>
</tr>
<tr>
<td>bottled Water - 600ml</td>
<td>$2.00</td>
<td></td>
</tr>
<tr>
<td><strong>Nippy’s Milk Chocolate 350ml</strong></td>
<td>$3.50</td>
<td></td>
</tr>
</tbody>
</table>
Come and join in the ‘AMAZING GAMES’ Holiday Fun!
All you need is a Camp Australia account to attend.

All families are welcome to attend !!!!

A reminder that all families are welcome to attend the School Holiday program, you do not have to be a regular in our After School Care program to attend, all you need is a Camp Australia Account.

To register and to book into a Holiday Program, visit www.campaustralia.com.au or call our Customer Care Team on 1300 105 343.

**Some of the activities include:-**
Opening ceremony- Making your own Olympic torch
World Record
Fun with Flags
Reach for the Stars
Race around the World.

**Incursions Like:-**
Sports & Relays Extravaganza
Make a Talking Coin Bank
Silent Disco
Make your Own Light up Dance Mat

**Excursion like:-**
Trip to MCG
Up Up and Away Bounce
Where’s Dory?

*(please visit www.campaustralia.com.au to look for more activities and many more schools close to you.)*

Enjoy your Holidays !!!!!

Thanks And Regards
Sapna Sudan (Coordinator At Camp Australia)
Monday, 27 June
Reach for the Stars
$53.88
Today we will be reaching for the stars to grab piece of stardom. Speak to the onsite Coordinator to find out what exciting fun awaits, in a specially designed program.

Tuesday, 28 June
Opening Ceremony
$68.88
Make an Amazing Torch - Let the AMAZING Games Begin! Today we're getting creative and making our own Olympic Games torch!

Wednesday, 29 June
World of Sports - VIC
$80.88
At the MCG (Tour)- We're off to visit one of the most iconic homes of sport and learn about some of our greatest sporting heroes. Please arrive by 8:45am

Thursday, 30 June
Let the Games Begin
$68.88
Sports & Relays Extravaganza - Ready, Set and Go! The ultimate sports and racing activity day is here. From fun relays to activity challenges.

Friday, 01 July
Games Quest
$53.88
Today we're off on a quest to find the best games! Speak to the onsite Coordinator to find out what exciting fun awaits, in a specially designed program.

Monday, 04 July
Body Movin’ and Groovin’
$68.88
Make a Dance Mat - Are you ready to get moving and grooving on your own light up dance mat?

Tuesday, 05 July
Fun with Flags
$53.88
Today we'll celebrate amazing flags from around the world. Speak to the onsite Coordinator to find out what exciting fun awaits, in a specially designed program.

Wednesday, 06 July
All that Glitters
$71.88
Silent Disco - Put your dancing shoes on as we dance up a storm... in silence! Sshhhhh!

Thursday, 07 July
Where's Dory?
$78.88
Finding Dory - It’s time for us to help our friends Nemo and Marlin find the friendly-but-forgetful Dory! Please arrive by 8:45am

Friday, 08 July
Silver and Gold
$70.88
Make a Talking Coin Bank - What better way is there to store gold and silver?
# Upcoming extra curricular activities

Dancemob performance
- Thursday 23rd July 7pm
- Peter Kearney Theatre
- Carranballac College
- Point Cook

Red nose day
Whole school
- Friday 24th June
- Casual dress / wear red
- Gold coin donation

Whole school assembly
- Friday 24th June
- 1.30pm